

Kenning Points

BARONY ARCHERY AND THROWN WEAPONS CHAMPIONSHIP TOURNAMENT

We would like to thank everyone who turned out for the Baronial Archery and Thrown Weapons Championships and who helped make it a successful event. Once again, turnout was great this year, with 29 people attending - including one newcomer, one rarely sighted old-timer, and a local reporter.

Thank you to Fergus Redmead for filling in for outgoing TW Champion (Arch Axeman) Sigmarr Avarsson, who unfortunately couldn't make it to that day, and to Nest, who helped start the Archery Tourney until Godric FitzCount (the outgoing Arch Forester) arrived, and of course for graciously opening her home to host the event and who did so much of the prep work and set up.

This tourney always runs well thanks to a group effort from the people in the Barony all chipped in to help – from Godric who helped with the brush clearing and course set up; Nest, Fergus and Ulf, who patiently worked with our niece (one of the newcomers) showing her how to shoot archery and throw arrows; Haakon and Richard, who manned the grill, to everyone who brought food and drink and who stayed behind to clean up and store targets.

And now for the results of the tournaments:

THROWN WEAPONS TOURNEY



Fergus designed an amusing tourney, involving advancing spearmen, diabolical ravens, and our new favorite activity, hurling stones at pigeons. Nothing spells fun like throwing rocks and the satisfying sound of smashing clay dishes. I say next year we make a giant wicker man, name him Goliath, and we all lob rocks at his clay head. Or is that too Shirley Jacksonian?

Contestants included: Ulf Dragonslayer, Dearbhorcaill ingean Rossa, Rufus Bowie, Ammalina Taikkizhavi, Alys Attewater, Richard Leviathan, Haakon Ragnarsson, Nest verch Tangwistel, Serafima Medvednikova, and Francisco Pancho. Adult and youth divisions were combined this year, and Ulf Dragonslayer emerged as the winner, making him the 2nd under 18 Baronial Champion this year. We're certainly raising our youth right in this barony!

ARCHERY TOURNAMENT

Godric set up an extremely challenging shoot that left archers cursing, er, we mean, stretched to the limits of their strength, accuracy, and endurance. The archers certainly rid Baroness Nest's woods of groundhogs, boars, wolves, harpies, and sheep. Another cool course was the archer on horseback challenge which seemed as much fun to do as it was to watch. Contestants included: Amy ferch Rychard, Haakon Ragnarsson, Fergus Redmead, Richard Leviathan, Ulf Dragonslayer, Justinus the Quick, Francisco Pancho, Serafima Medvednikova, Alys Attewater, Johannes von Heugel, Nest verch Tangwistel, Marguerite von Efenau, Alison Winter, Dearbhorcaill ingean Rossa, and Laura McCarty.

The finalists were Dearbhorcaill, Nest, Francisco, and Alison (who withdrew from the finals and was succeeded by Alys). Final scores placed Francisco in third place, Alys and Dearbhorcaill tying for second, and Nest taking the title of Arch Forester of Smoking Rocks.



BARONY ARCHERY AND THROWN WEAPONS CHAMPIONSHIP TOURNAMENT CONTINUED:



Their Excellencies Ceawlin and Molly held a brief court to install the new champions and to thank the outgoing champions for their service. Once again, thank you to everyone who made the day a great one!

YIS,
Baron Ceawlin & Baroness Molly



INTRODUCTION TO THE BARONY'S OFFICERS

PART 3



EXCHEQUER:

As Exchequer records all the monetary transactions for the Barony of Smoking Rocks. And works with the Kingdom Exchequer to make sure all financial transactions are carried out in compliance with East Kingdom and Corpora laws.

SOLSKINN OF SMOKING ROCKS Solskinn is a very mysterious person. She will not reveal her last name. We know that she is a ninth century Viking, but we don't know who's daughter she is! She lives in the Northern Lands, not far from Birka. Her husband went off on a sea voyage and has been gone for years....will he ever return? To pass her time, she trades goods for shiny pieces of flat colored material that people from distant lands are calling "glass". She is always putting these pieces of material together and giving them to friends as they are quite beautiful in the sunlight!



CHRONICLER

The Chronicler publishes newsletters to share news of baronial events and other announcements, keeps minutes of business meetings. Newsletters can educate and entertain with poetry, short fiction, articles and art. In publishing a newsletter the chronicler records the rich history and diverse work of the barony.

MARGUERITE VON ELFENAU lives in 1400 Helvetia near the city of Bern. She takes care of an elderly merchant who resides in the small castle of Wittikofen. In her free time Marguerite is an avid weaver and embroiders clothing articles for her family. When time permits she often reaches for her bow and arrow and goes hunting for small game in the nearby woods. During the winter months she reads a lot, mainly books that focus on history and teachings on the arts and sciences of the world around her.



WEBMINISTER

The Webminister is responsible for maintaining the website for the barony this includes posting and updating events as needed.

BARONESSE MARIA DE MOURA

a 14th century Portuguese hailing from the eastern city of Moura, Portugal Alias - Seonaid MacPhie or "Shea" - Archery persona

BARONY BIRTHDAY APRIL 2015



Thanks to everyone who attended, ran, fought, fenced, created, cooked, served, or did that most Medieval of Activities, "Carrying Stuff" at our Birthday Event. Lady Marion has (and rightfully so) published her thanks to the people who made it happen, and as her missive was so spot on, we can just add our thanks to hers.

And Marion, it was a lovely event. A little hectic in spots, and very, very busy and ambitious. (Ever notice how the personalities of Events seem to mirror the personalities of the person running them? tongue emoticon) We had a great time. And so, as far as we can tell, did everyone else. Mission Accomplished. Fabulous.



We both enjoyed our three Champions tournaments. It warmed the cockles of my heart to see so very many fencers in the list at a Smoking Rocks Champions Tournament. Record attendance. Just terrific. And the Lord Defender's Tournament was well-attended also, by our Barony's most stalwart fighters. As for the A&S Competition, congratulations to everyone who participated in the competition; judging was very hard this year. I (Ceawlin) expanded my SCA experience by getting pulled into Judging the event. Last year, I entered my very first A&S competition (at Birthday) and the two experiences gave me a different perspective on a hobby I have spent my entire adult life doing. Sunnifa, Thank You for dragging your unwilling Thegn into the shallow end of the A&S pool. þonc hlaedige!



That being said, while we were sad to see our outgoing Champions go - thank you for your service to the barony as champions, Aine, Serafima, and Francisco - we rejoice in our New Champions. Master Padraig, Master Padraig and Ana Godefelaugh, welcome to a fairly long list of very talented and dedicated people who make our Barony shine!



And speaking of Shining, we were well pleased to be able to present Lady Ammalina Taikkizhavi (aka Emalyne) her finished AoA scroll (which Mistress Nest added the Calligraphy to in very little time, but with excellent quality) and delighted to be able to present Lord Yohn Yohnson with his backlogged AoA scroll, which Mistress Nest procured a replacement for. Vivat!

Also, we presented the first Levithans awards of our tenure. We thought long and carefully on this (a year and a half!) and were very happy to

honor Lord Richard Leviathan (should have called yourself "Richard Roi", bud!) and Lady Alys Attwater with the Barony's Service Award. By the response we got, we are quite pleased with our decision. And we added to our Order of the Rock. Lord Haakon Ragnarsson afforded me (Ceawlin) a chance to try a more Anglo- Saxon style of Court. It was a different style of awards ceremony, and despite a few hitches ("LINE!") I was really pleased to be able to break the mold with how we think of SCA courts. And Haakon has been the epitome of what a Smoking Rocks Combatant is all about.



BARONY BIRTHDAY CONTINUED

Lots of people helped pull this event together, from Baron Cerdic and Baroness Auriana, who ran gate; Lord Fergus and Lady Dahni of Bridge who set up and marshaled the Thrown Weapons lists; Lord Robin Godefelaugh (Puck) who cooked a great feast; Lady Tatiana, Lady Lucy, Lady Sunnifa, Baroness Caitlin, Lord Yohn Yohnson and Ana Godefelaugh who helped in the kitchen; and Lord Bruka the Saracen who assisted with high table and who also chronicled the event with amazingly lifelike portraits.

Thanks especially to Lady Serafima, Lord Faelen, Lord Wulfhere, and Lady Kristen de Kennett who helped us break down the court set up at the end.

Whew! Between the costume changes and all the running about we are still winded! We know this missive is a little later than what we usually publish, but Molly and I like to write these sorts of things together, and quite frankly, it is the hour of Complaine (Eleven PM) on Wednesday night and we finally have a few minutes to compose this.

We retire to our rest, thankful and grateful to our friends in our Barony.
Ceawlin and Moly, Smoking Rocks



WAR OF THE ROSES



We had a good time at the War of the Roses this past weekend, where many members of Smoking Rocks did well and received recognition. Congratulations to our former Chamberlain, Bakka al-Bakui (known to as all as Bruka the Saracen) and his wife, Maria de Moura (also known as our Webminister, Seonaid MacPhie, or Shea), as they were made Baron and Baroness of the Court by their Majesties!

Some of you may also remember Nadya Voronova, our former Historian and member of the Smoking Rocks Ballista Babes when she lived in our Barony – she was elevated to the Order of the Laurel for her skills and expertise in period cooking.

Five out of the eight fighters who participated in the Tournament of Roses were from Smoking Rocks; Baron Ceawlin, Baron Bruka, Lord Richard Leviathan, Lord Haakon Ragnorson, Alton Hughes, who along with Bridge's Godric inn hviti úlfr fought Master Ávaldr Valbjarnarson and Sir Thomas of Ravenhill. Sir Thomas took the tourney, but Alton came in second, with Ceawlin taking third.

After the Roses Tourney, the fighters held a Round Robin Tourney, with Ceawlin, Bruka, Richard, Haakon, Alton, Godric, Ávalder, and Dmitri (aka Deacon of Chatillion) participating. Dimitri came in first, but Godric took second place, with Ávalder coming in third.

Congratulations to everyone for their excellent fighting, awards, and royal recognition! Vivant!

YIS,
Ceawlin Alreiding & Molly Blythe
Baron & Baroness of Smoking Rocks



MAKERS FAIRE AND FOLLOW UP MEET AND GREET ON CAPE COD

On Saturday May 30th the Barony held a demo at the Cape Cod Mini Makers Faire. The Makers Faire is a place where people who make things by hand can exhibit their craft for others to learn and see and at times also sell.



A very diverse assortment of artisans were present, from technology geeks to our group of re-enactors. Our medieval fighting and arts and sciences display was popular as we had expected. The most awe provoking moments happened, as expected, during the fighting and fencing demos by Ceawlin, Richard, Seraphima and Tammy. However there was also plenty of interest in the arts and sciences presented by Mali, Alys and Marguerite. Haakon had his own display of handcrafted knives to show.



Pancho had the opportunity to show and explain his hand made chain maile technique, to the surprise of many, as he makes his chain, from scratch, using wire, not the rings one can purchase on line. The younger generation did not hesitate and happily tried their hand on a bit of weaving using the inkle loom available to them.



During some quieter moments Alys and Marguerite found some time to play a few musical numbers with their recorders.

All this activity sparked enough interest for our group as several people signed up for additional information on our Barony. They were included in an invite to a follow up meet & greet at the home of Johannes and Marguerite about two weeks later.



We met on a Sunday afternoon in early June. Anna and Mike our guests, who are very much interested in the SCA, had the full attention of Alys, Richard, Johannes and Marguerite, the Barony 's representatives and our guests enjoyed learning more in depth about what our society is all about. Alys gave them a lesson in archery and in the end they played a medieval game of " hit the king with a wooden block" against Alys and Ivan.

Anna is very much interested in sewing and she looks forward to our next gathering on July 12th for a garb workshop again in West Barnstable at our home. She wants to start with a tunic for her husband Mike.

Both Anna and Mike are also interested in learning to play the recorder and Mike wants to give drumming a try. Baroness Nest has already had them over at her home for their first one on one lesson.

Come fall of this year, after Pennsic, we should be able to bring them along to some local events. This will give them a chance to enjoy the real thing and meet some other folks. If all goes well they will be wearing their own hand made garb at that time.

Marguerite von Elfenau

HOW TO GO ABOUT SELECTING A NAME FOR YOURSELF:

Newcomers often wonder how we all came up with our SCA names? If you are new you should probably pick a name fairly soon since you don't want "the group" to pick a name for you. I was warned about that early on. I didn't want to risk being named by others and possibly later regret it. I picked a name I liked, that had something to do with my ancestry and is easy to remember.

Your name can be something simple and familiar (Mary of London or Thomas the black smith) or something elaborate and exotic-sounding (Domhnall Dubh mac Cormaic). However, no one may use the name of an actual person from history or legend (such as "Robin Hood").

Some SCA members try to create an entire "persona" for themselves, as someone who could have lived in a specific time and place within the scope of the SCA, fitting their costume and activities to that persona. Some dedicated people try to behave at events as if they actually were their persona. Others simply pick a name and go ahead with life in the "Current Middle Ages." It is important you like and can pronounce your name and if you need help you can always talk to your groups Chatelaine . The following website can provide you with lots of information as well. <http://heraldry.sca.org/welcome.html>

SUMMER FRUIT RECIPE

CONTRIBUTION BY BARONESS MALI LIM



After what seemed like an endless winter, it's heartening to finally see fruits ripening for the early summer season (although we're already past mid-summer!) Market faires and festivals are already in full swing in this corner of the Barony, as settlers from Iberia, Silesia, and Gaul celebrate their strange yet colourful customs and feast days.

One Iberian neighbor presented us with a gift of fruit – nêspolos, she called them. I wasn't certain of what they were called in the Anglo-Saxon language, but with some research I was able to confirm that they are "Eriobotrya japonica" – known in the ancient times of the Far and Distant East. My family, which hails from the Southern peninsulas of Cathay call them "lo guat, although my Northern language tutor would have called them "pipa". Apparently the Anglo-Saxons in this area call them "loquats", while the Galllic tribes seem to call them "nispolo".

The Iberians and Ottomans have cultivated these fruits for at least 500 years, although they're somewhat rare in these Northern East Kingdom climes. They have flesh similar to peaches or nectarines, but are somewhat bland when eaten raw, so I searched for recipes that may liven up the taste of these fruits. It's an early summer fruit, so the recipe such as the one below may be a good way to use them in a dish. Enjoy!

Summer Fruit, Honey, and Hazelnut Crumble

(adapted from The British Museum Cookbook by Michelle Berriedale-Johnson, 1987, British Museum Publications.)

- 2 lbs (or whatever you have) of mixed soft summer fruits-- raspberries, loganberries, strawberries, currants, bilberries or whatever is available....such as loquats.
- honey
- handful of hazelnuts
- handful of whole meal or whole wheat brown breadcrumbs

Put the fruits in a pot with approx. 1 inch of water in the bottom and cook gently for 10-15 minutes or until the fruits are soft but not mushy. Sweeten to taste with honey. Drain the excess juice and save to serve with the pudding. Toast the hazelnuts in a pan and grind as fine as bread crumbs and mix with the breadcrumbs. Spoon the fruit into a heatproof dish and cover with a thick layer of hazelnuts & crumbs. Bake in a moderate oven (180C, 350F, Gas Mark 4) for 20 – 30 minutes or till the top is slightly crunchy and browned. Serve with dollops of cream and the warmed fruit juices.

The natives of Cathay also use lo guat to make preserves that are also used medicinally for treating summer coughs.

Loquat Preserves

- Halve, skin, and seed about 2lbs of loquats.
- Place the loquats in a glass or ceramic bowl and add 1- 1/2 cup sugar, 1/2 cup water, and juice of 1 lemon.
- Let mixture sit at room temperature for 1 hour, covered.
- Bring mixture to a simmer over med to med-low heat, remove from heat and place back in the bowl.
- Refrigerate covered overnight.
- Strain out the fruit (reserve the liquid) and move fruit into a jar.
- Pour liquid into a wide, heavy pot or deep skillet and bring to a boil over med-high heat.
- Continue at med-high boil about 7-10 minutes until slightly thickened, or bubbles get larger. Skim foam.
- Add loquat fruit back to boiling syrup and cook for 5 minutes. Remove from heat & ladle into jars. Refrigerate when cool.
- Eat fruit & syrup to combat summer coughs.

Meeting Minutes May, June 2015 Barony of Smoking Rocks Business Meetings

This is an abridged version of the minutes. For the full versions, please visit the Barony of Smoking Rocks yahoo group.

Officer Reports:

Arts & Sciences:

Our new Baronial A&S champion is: Ana Godfelaugh. Sabina recently hosted a calligraphers meeting. It is suggested that the Barony resurrect a Scriptorium.

Chancellor Minor:

Barony Birthday was very busy and lots of fun was had, children's activities are planned for Meet and Greet.

Leviathan Pursuivant:

Elena de Los Libros the deputy Herald has move away and the Barony is looking for a replacement, a young man is very much interested Alys will tell him to contact lady Amy.

MOL:

The new Baronial heavy list and fencing champion is Master Padraig.

Knight Marshall:

Nobody died. Practice is ongoing at the PAL and in the park on Sunday if the weather permits.

Chatelain:

Report sent to EK & new Chatelaines contacted EK Chatelaine.

Chronicler:

April newsletter submitted, folks are asked to submit articles for future newsletters. The Introduction of officers article will be published in parts until all officers have been introduced, those who have not yet submitted their information please do so soon.

Exchecqer:

Accounts are up to date and reports are submitted to EK. Solskinn attended EK curia and there are going to be some changes coming. Non member event fees have to be submitted within a week from event, Acceps pre regs. are no longer used, there are possible changes to the waivers coming in the near future.

Old Business:

Barony Birthday:

The event went well, there were many activities during the day besides the championships, the feast was delicious. The new champions are: Master Padraig for heavy list and fencing and Ana Godefelaugh for Arts and Sciences.

Demos:

The "Cape Cod Mini Makers Faire" was well attended and the Barony had several interested people sign up. Heavy list and fencing demos were held by Seraphima, Tammy, Ceawlin & Richard while Mali, Pancho, Alys and Marguerite re-presented the arts and sciences. The meet and greet two weeks later was attended by 2 enthusiastic new comers and hosted by Johannes, Marguerite, Alys, Richard and Ivan.

New Business:

No new events are planned at this time. Several suggestions for additional meet and greets, for more informal day trip events and a scribal workshop at the Easton library have been made and are being looked into.

Upcoming meetings:

The next meeting will be held on Labor day Monday at Joseph's home in Westport, as usual this will be a pot luck and the first meeting where folks can submit their suggestions for next years barony events.

In Ihrem Dients, Marguerite von Eلفenau

ANNOUNCEMENTS

CONGRATULATIONS

**BARONESSE MARIA DE MOURA
BARON BRUKA THE SARACEN**



*On receiving the court Baronship on May 23, 2015
during court at the War of the Roses
from their Majesties of the East.*

Vivant!

CONGRATULATIONS

ISABEAU DU VALLE



*On your induction into the order of the Maunche
on February 22, 2015 at the Baronial investiture in
Dragon ship Haven.*

&

*On receiving the court Baronship on April 18, 2015 from
the King and Queen of the East.*

Vivant!

CONGRATULATIONS

LADY AMMALINA TAIKIZHAVI



*On receiving your Awards of Arms on April 18th
2015 from his Majesty King Edward*

Vivant

CONGRATULATIONS

LORD SIGMARR AVARSON



*On receiving your Awards of Arms on April 18th
2015 from her Majesty Queen Thyra*

Vivant

CONGRATULATIONS TO

LADY BELINA LA COUSTURIERE AND LORD ANDRIS LOWNSTEIN

**ON THE BIRTH OF THEIR SON A J
MAY 17, 2015**



XLIV PENNSIC WAR

July 24 to August 9, 2015
Coopers Lake Campground
205 Currier Road,
Slippery Rock, PA

REGNUM

Baron and Baroness

Ceawlin Alreeding & Molly Blythe
(Ken Howe & Mali Lim Howe)
508-995-5389 / ceawlin_alreeding@comcast.net
malichan9@gmail.com

Chancellor of the Exchequer:

Solskinn (Liz Gerald)
508-295-3734 / solskinn23@yahoo.com

Deputy Exchequer:

Sile Inghean MicCharthaigh (Fran McCarthy Young)

Chancellor Minor:

Alys Attewater (Ann Carpenter)

Deputy Chancellor Minor:

Rufus Bowe (George Anzivino)

Co-Chatelain's:

Rufus Bowe (George Anzivino)
Mad Marion (Denise Kappler)
508-542-8353 up to 9pm / magzmommy@gmail.com

Chronicler:

Marguerite von Elfenau (Ruth Bechtold)
508-362-6131 / ruthbechtold@gmail.com

Deputy Chronicler**Knight Marshall:**

Richard Leviathan (Fred Carpenter)
vargaliss@comcast.net

Leviathan Pursuivant (Herald):

Amy ferch Rychard (Amy Jump)
amy.jump@hotmail.com

Minister of Arts & Sciences:

Sunnifa Heinreksdottir (Heidi Dougherty)
Acerridge@yahoo.com

Mistress of the Lists:

Nejla Hatice Saime Dogan (Amelia Dogan)
arianfire16@aol.com

Seneschal:

Elaina Howys of Morningthorpe (Elaine Dennehy)
508-222-7325 / edenney12@comcast.net

Steward:

Nest Verch Tangwistle (Tonya Sanders)

Webmaster:

Seonaid MacPhie (Sherry Bishop)
Eastarchr1@gmail.com

Deputy Webmaster:

Belina La Cousturiere

Marguerite Streetvon Elfenau (Ruth Bechtold)
Chronicler, Barony of Smoking Rocks
169 Main Street, West Barnstable, MA 02668