

# Kenning Points

January 2019

Anno Societatis LIII

## The Barony's traditional the 12th night celebration and feast is behind us now.



I want to thank everyone for making the journey to our Manor the beautiful gothic church in Fairhaven and celebrate this very special event with us. Special thanks go out to Mistress Nest for putting on yet another outstanding feast and for all the hard work she and her crew have put into the growing and preparing of the food which we were so lucky to enjoy during this years feast.

I also want to thank my wonderful husband "Johannes von Huegel" for always backing me up when I take on jobs that I need help with, he helps me with all the little tasks I give to him and never complains. He forgives me when I overstep my boundaries at times.



## Additionally, special thanks go to:



Baron Fergus for bringing along all the necessary decorations, for stepping up and manning the gate in the last minute and for helping with announcements. Baroness Alys for entertaining the kids and helping out whenever I ask her to. Baron Cerdic for running the games, setting up the hall for feast and for announcing the guests to king and queen of the bean.

Lady Elaine and Lady Kristen for leading dance and song before and during dinner. The members of Fracta Modi and visiting musicians under the guidance of Lord Rufus for providing us with beautiful music throughout the day.

The "Green Man" Lord Finn stepping in at the last minute.

The "Three Kings" Lord Johannes, Lord Thorvald and Russel for their presentation of gifts to the royals.

Zachary for helping with errands, bringing in the yule log, leading us in song and helping all day long with any task I asked him to do.

The ladies who helped me with the candle lighting ceremony: Baroness Alys, Lady Amy, Lady Elaine, Lady Melisande.

Russel for tending the fire together with Mistress Sunnifa, and for stepping in the last minute to help with the apple

bobbing and also helping whenever I needed his support.

Evelyn and Ivan for being such fabulous children, helping out all day long and just being so special.

The Fairhaven Unitarian Universalist Church and their staff for being supportive in yet again approving our event and helping with all formalities and for being there throughout the day.

And last but not least I thank each and everyone I have not listed here for all your help with setting up taking down, helping in the kitchen, serving food, presentations during the feast and just for being wonderful

friends and making 12th night 2019 as special as it was.

We did miss many of our friends this year due to illness and to all of them I send my best wishes for good health and happiness in 2019.



In your humble service  
*Marguerite von Effenau*



## Upcoming Baronial events:

- **Ice Weasel:** February 8, 2019 10 am at North Rochester Congregational Church, 247 North Ave Rochester, MA 02770



Oyez! Come one and all to join the Barony of Smoking and test ye metal and skills in our annual Ice Weasel Bear Pit tournament (heavy list). Do you have what it takes to compete in a bear pit outdoors in the snow and ice? We will be having a pot luck day board and request that you bring your best dish.

**The Autocrat (Weaselcrat)** is Baron Ceawlin Alreding. \$ 10 at door with \$ 5 member discount. Baron Fergus Redmead is organizing the potluck, **please contact him with what you are bringing**, so we don't end up with eight different varieties of potato salad, again. Please note, parking at the site can be tight, carpooling is encouraged.

- **"Hrim Schola":** March 9th, 2019 from 10 am at First Congregational Church (The Stone Church), 785 S. Main St Raynham, MA 02767



Fiber Arts time again. Hrim Schola is coming. A day long event filled with classes about the manipulation of fiber. Pick it, spin it, dye it, weave it, knot it, knit it, embroider with it, make lace out of it, and anything else you can think of. We will have both beginner and higher level classes.

- There will be a delicious dayboard during the class break in the middle of the day.
- Class list will be posted when it is available.
- If you would like to teach, get in touch with Elaine Howys of Morningthorpe at: [edenne-hy12@comcast.net](mailto:edenne-hy12@comcast.net) (and don't be surprised if the return message says it is coming from Robert Dennehy).

**Registration fees:** Adult \$ 15 with member discount \$10. Children under 18 \$ 5 & under 6 Free

- **The Canterbury Campaign ~ Smoking Rocks Investiture ~ K&Q RATTAN CHAMPIONSHIP**  
**\*\*In the land that was once Vinland Raids\*\*** June 28 to June 30, 2019 Camp Greenough



Come join us on campaign as we journey to Canterbury to celebrate the investment of our new Baron & Baroness, along with our 43rd birthday celebration.

King and Queen's Rattan Championship to be held at this event!! More information to follow.

This weekend event will feature camping, rattan competitions, rapier competitions, and much more.

Smoking Rocks will choose their Baronial Rattan, Rapier, and A&S Champions at this event.

Please join us for fun and frivolity!

### Smoking Rocks Arts and Sciences Championship

Awards are as follows:

1. Baronial Champion. (winner comes from inside the Barony)
2. Baron and Baroness Choice
3. Best in the Known World
4. Best First Time Entrant

Rules: Bring 2 artifacts from your world (cooking, sewing, embroidery, music, etc.).

This is a dry site. No Brewing Entries allowed.

You may provide multiple pieces of documentation but each piece shall be limited to 1 page and verbal documentation will be accepted.

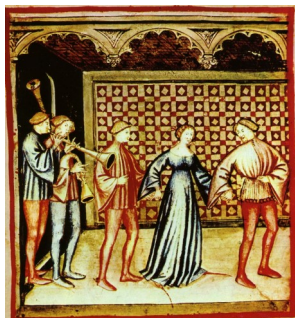
More details to come for Baronial Heavy and Fencing Championships...



Neighboring events:

## THE 42ND ANNUAL BLACK ROSE BALL AND INVESTITURE OF THE BARONIAL HEIRS.

March 23, 2019 at Camp Hoffman, 2850 Ministerial road in South Kingston, RI



*AS THE SPRING AWAKENS, THE CURRENT BARON AND BARONESS OF BRIDGE FEEL THEIR TIME HAS COME TO THE END, AND THEY CALL THEIR HEIR, DUCHESS AVELINA TO ASSUME HER RIGHTFUL SEAT. THE LAND OF THE BRIDGE CELEBRATES THIS EVENT WITH A BALL TO DELIGHT ALL IN ATTENDANCE. THERE WILL BE MUSIC, DANCING, AND FOOD, THEIR MAJESTIES HOLD COURT TO REWARD THE SERVICE OF THEIR SUBJECTS, AND ALL THE BARONIAL HEADS HOLD THEIR COURTS TO HONOR THOSE WHO LIVE AND SERVE WITHIN THE BORDERS OF THE BRIDGE. COME ONE AND ALL TO THESE FESTIVITIES. DANCE WILL BE LEAD BY LORD MAURIN, THE FEAST WILL BE MIDAFTERNOON WITH A NIGHTBOARD BEING SERVED THROUGH THE BALL.*

Gate opens at 9 am

Dance Practice starts in the dining hall at 10am

Tentative schedule:

First Court of Their Majesties 12pm

Last Court of Their Excellencies during First Court

First Court of Her Excellency following

Feast 2pm (limited seating)

Dancing resumes in the Great Hall 3pm

Second Court of their Majesties in the Dining hall 5pm

Night board begins 7pm

Ball begins following Second Court

Site Closes: 11 pm



## MEET RICHARD LEVIATHAN:



Richard Leviathan is a Czech Hussite born in Prague approximately in 1394 to a fishmonger's widow and a petty nobleman of whom he was a bastard.

Richard the Leviathan or Ryzard Sugar (Richard Perch) was a soldier of fortune who first saw action in 1410 at the battle of Grunwald. He later heeded the call of the Hussite revolution. Somewhere on the way to Tabor he fell in with a heretical sect lead by a powerful personality and priest Peter Kanis. Richard was one of the 200 followers driven out of Prague. Kanis and 75 followers were then burned at the stake.



Richard then took up with the groups new leader Adam Moses who founded a back to Eden movement of Adamites. This sect held up on a fortified island on the Nezerka River and practiced nudism, communal property and free love. When they ran short of supplies they would go and raid villages .

Jan Zizka put and end to them in 1421 at the battle of Tabor. Richard escaped to the city of Tabor and found shelter there. He then became a soldier in the city of Tabor and was killed\* at the battle of Lippany in 1434.



\* P.S. it should be mentioned that at this time Richard is still alive an well.

## Recipe Corner:

Today as I am working on this newsletter I decided to do some research on the Canterbury Tales by Geoffrey Chaucer and found inspiration in the following blog post from "The Old Foodie" blog, posted back on October 25, 2006.

*Geoffrey Chaucer died on this day in the year 1400, with his Canterbury Tales still unfinished. The Tales consist of a collection of stories in prose and verse told to while away the time, by a group of pilgrims on their way to Canterbury. One of the pilgrims is a Cook.*



### A COOK

A COOK THEY HADDE WITH HEM FOR THE NONES,  
TO BOIL THE CHIKNES WITH THE MARYBONES,  
AND POWDRE-MARCHANT TART AND GALINGALE.  
WEL COUDE HE KNOWE A DRAUGHT OF LONDON ALE.  
HE COULDE ROSTE, AND SEETHE, AND BROILE, AND FRYE,  
MAKEN MORTREUX, AND WEL BAKE A PIE.  
BUT GREET HARM WAS IT, AS IT THOUGHT ME,  
THAT ON HIS SHINE A MORMAL HADDE HE.  
FOR BLANKMANGER, THAT MADE HE WITH THE BEST.

In other words, the Cook is skilled at roasting, boiling and frying, he can make pies and stews and many other dishes, he knows how to use spices, and can determine the quality of ale. Unfortunately he also has a running sore on his shin (possibly leprous or syphilitic), which disgusts the narrator, as does his habit (mentioned later in the story) of repeatedly re-heating his pies – after he has drained off the gravy so that he can re-use it – and his shop is full of flies, which may make up some of the “parsley” in his stuffed goose. The reader is equally disgusted, and is grateful for modern times and modern food laws.

Rather than focus on bakers who ooze pus, and thereby risk losing our appetites for dinner, let us look at food words instead.

“Marybones” are marrow-bones, for many centuries prized for their rich, unctuous, fatty, contents that were added to sweet and savoury dishes alike – although as we have discussed before, there was no such distinction in medieval times.

“Poudre Marchant” appears to have been some sort of prepared spice mix, which seemed to be “tart”, although it seems that no-one recorded its exact composition. “Galingale” is interesting. Does it mean what we now call “Galingal”, or *Alpinia galanga*, the slightly gingery root familiar to us in South East Asian cuisine, or the European sedge *Cyperus longus*, which also has an aromatic root? The latter, most likely?

“Blankmanger” means “white food”, and originally was a sort of custard or thick pottage made with almond milk and chicken – nothing at all like its modern bastard offspring – the sweet, insipid children’s party food we call “blancmange”.

“Mortreux” (or Mortreux) meant a sort of meat stew which was ground up in a mortar (hence the name) and was sometimes (as in the recipe following) meant to be so thick “that it be standing” – in other words, similar to a meat paste or *paté*. The recipe uses two other spice mixes, *powdour fort* (strong) and *powdour douce* (sweet) – and again we must guess at the actual blend.

### Recipe for the Day ...

The cookbook of the Master Cooks of King Richard II, and called “The Form of Cury”, was published in the last decade of Chaucer’s life.

#### **Mortreuxs.**

Take hennes and pork and seethe hem togyder. Take the lyre of hennes and of the pork and hewe it small, and grinde it al to doust; take brede ygrated and do thereto, and temper it with the self broth, and alye it with yolkes of ayren; and cast theron powdour fort. Boile it and do therin powdour of gynger, sugur, saffroun and salt, and loke that it be stondying; and flour it with powdour gynger.

Which means, very loosely:

Take chicken and pork and simmer them together. Take the liver of the chicken and pork, and chop it fine, and grind it until smooth. Take grated bread and add it, and blend it with some of the broth and thicken it with egg yolks, and sprinkle on some “powder forte”. Boil it and add “sweet powder” of ginger, sugar, saffron, and salt, and make it stiff, and dust it with powdered ginger.

Posted by [The Old Foodie](#) at 5:36 AM



## BARON & BARONESS CORNER:



### *Greetings to the Populace,*

Time stands still for no one, and we would be unwise to try to stop it. Change is vital. On that note, the polls for the new Baron and Baroness have been mailed, and by the time this newsletter is published should definitely have arrived in your mailboxes. If you are a member and have not received your ballot, please contact the Seneschal. If you haven't mailed it in yet, what are you waiting for?! It's very important that ballots be returned, even if it is a child's ballot. We are looking forward to an uneventful polling, and have full confidence in the barony members who are running for the office, Sabina and Fergus.

*Thank you Alys & Richard of Smoking Rocks*

### Seneschal's message:

Hello good people of the Barony. Today January 14, 2019 the pollings for the new Baron and Baroness were mailed out. Look for them to appear in your mailbox in the next few days.

The pollings for the children will count for the total populace vote. We need to get 50% of the populace to vote so PLEASE return your ballots, and return the children's ballots also.

They are quite simple and straight forward. Print your legal name, sign your legal name, put down your membership number, and your birth date.

Then don't forget to mark you choice. It is surprising how many people forget to do that.

The self addressed envelope is included for your convenience. Just pop it in and mail it.

Best to do it immediately so you do not forget. Thank you for your attention to this detail.

In service to the Barony of Smoking Rocks,  
*Nest Verch Tangwistel*

Oje Oje Oje all Fighters of the East, young and not so young, new and well seasoned !



### **Regional Fight Practice set**

Location: At the PAL hall, 31 Franklin Street in Fall River MA, 02720

Time:

Contact: Master Pat for more information

Training and conditioning drills for both Melee and Singles.

This training is for all levels from novice to advanced

### **Newcomers information:**

New to the SCA or just moved to the area from another part of the country?

**SMOKING ROCKS WELCOMES YOU !**

**VISIT OUR WEBSITE FOR CONTACT INFORMATION:**

<https://smokingrocks.eastkingdom.org/>

**Your Chatelain: Bethamie Von Rohr**



## Captain of Archery Position

The Barony is **STILL looking** for an individual (s) who would be interested in fulfilling this post. Regulation do not require this person to be an Archery Marshall, but it is strongly suggested. The Captain of Archery is responsible for submitting scores from Royal Rounds, organizing the yearly competition for the Arch Forester, and assisting persons interested in Archery.

Remember Mistresses [Nest Verch Tangwistel](#) covers this position only TEMPORARILY. If anyone is interested in taking on this position please contact your Seneshal  
Mistress Sabina Luttrell !

### TRADER JAN'S ARCHERY PRACTICE IS ONGOING:

Every Friday evening,  
Check the Barony's FB page for changes or cancellations.



### EK Royal Round Rankings as of December 26, 2018

Rank	Master Bowmen	SCA Group	Bows	Average
12	Nest Verch Tangwistel	S. Rocks	RRR	97.00
Rank	Master Bowmen	SCA Group	Bows	Average
19	Elaina Howys of Morningthorpe	S. Rocks	RRR	73.33
Rank	Archers	SCA Group	Bows	Average
76	Dearbhorgaill ingen Rosa	S. Rocks	LLL	39.67
87	Alice Rousseau	S. Rocks	RRR	33.33

Bows used in top 3 scores: C=Crossbow, L=Longbow, R=Recurve or U=Unknown

**OYE OYE OYE ARCHERS OF SMOCKIN ROCKS !  
WE NEED YOU BACK AT THE RANGE  
DON'T FORGET TO PRACTICE YOUR ROYAL  
ROUNDS THIS SPRINGTIME**

#### Webminister:

Diego Porcelos would like you all to contact him with information or additions for the Barony website:  
[webminister@smokingrocks.eastkingdom.org](mailto:webminister@smokingrocks.eastkingdom.org)



#### Chronicler:

If you have a story, announcement or anything else for our next Kenning Points send it to:  
[Ruthbechtold@gmail.com](mailto:Ruthbechtold@gmail.com)



#### Chatelaine:

New to our area new to the SCA contact  
[chatelaine@smokingrocks.eastkingdom.org](mailto:chatelaine@smokingrocks.eastkingdom.org)



## Barony of Smoking Rocks Meeting Minutes December/January 2018/19

This is an abridged version of the minutes for the full versions please join the Smoking Rocks yahoo groups.

### Officers reports

**A & S: (William Spicer)** Preparation for Hrim Scola are in full swing, contact Autocrat Lady Eleina if you have a class to teach. Baronial A & S championship is 90% organized and competition rules have been listed on Barony Facebook page.

**Knight Marshal: (Euric)** Practice has been lighter than usual, the regional winter practice is expecting 20 & people to attend with folks coming from as far as Canada. Euric will be marshal in charge for the upcoming investiture. **MOL: (Serafima)** is planning to be at PAL to work on qualification paperwork for all in preparation for Birka. She is also working on Kingdom MOL database updates.

**Herald: (Amy)** nothing new to report.

**Exchequer: (Ceawlin)** Bank accounts and all reporting is current.

**Chronicler: (Marguerite)** Working January 2019 newsletter.

**Chatelaine: (Bethamei)** Needs help to go through Gold Key and organize by sizes, possibly repair and find a good and quick way to transport to events. Email list of newcomers was used to invite them.

**Web minister:** Contact Diego with any changes and correct contact emails. Chatelaine will contact him to get help with her email.

**Steward: (Nest)** A new steward stepped up and was elected by all, thank you Gauthrum.

### Old Business:

**12th night.** Event went well with 51 & attendees, feast was exceptional. Many newcomers came but we missed some of the usual attendees mostly due to illness, also kingdom 12th night was held at the same time. Report will be sent out within the week.

**"Hrim Schola"** March 9th, 2019 at the Stone Church in Raynham, Elaine autocrat. Still need to find more teachers for classes Nest will help with that. Food is all set up.

**A S S meetings:** People have been meeting in each others homes to sew and work on projects, this will continue through winter months.

**Ice Weasel: (Ceawlin)** February 8th, 2019 at Amy's Church in Rochester, same place as last time. Class rooms available, meal will be pot luck, notify Fergus on what you will bring to eat.

**Barony Birthday & Investiture:** June 28 to 30 week end camping at Greenough in Yarmouth on Cape Cod. Starts Friday at noon, many volunteers to help out will be needed. Still need feast cook. Night archery and thrown weapons tourney requested.

**Barony Meeting time:** A motion for moving Sunday meeting times from 7 pm to 6pm was made and approved by all.

**List Ropes:** Budget to purchase materials to make stackable list rope bases was proposed and accepted by all. Will still need to look for good deal on yellow rope, Zach might have a connection. Having this will enable us to apply for crown tourney.

**Polling:** A budget to purchase 150 stamps was proposed and approved by all.

### New Business:

**Coronets:** If polling goes well we need to start thinking about this. Nest has a second sheet of brass, Alys has spacers. For a pair of coronets with filigreed brass on the outside and a piece of copper on the back (blackened copper) we would have to spend about \$ 280.

**Baronial Champions:** Same folks seem to hold these positions repeatedly. Fergus suggest we open up to folks out of barony, Bylaws will have to be reviewed committee needs to look into that. Discuss further.

**Makers Faire demo:** Date will be sometimes in April, we decided that we should again attend however have a set date for a follow up meeting at the Bechtold's Alys will keep us posted.

**Birka:** Elaine and Robert have 2 tables and hope for more space.

**Archery practice:** Ongoing at Trader Ed's, cost increase to \$10. Nest will look into possible arrow making workshop there.

### Next meetings:

- ♦ February Superbowl Sunday 3 pm at Elaine's home.
  - ♦ March Meeting on Cape Cod at Bechtold's: **6 pm new meeting time.**
- IYS Marguerite von Elfenau

# ANNOUNCEMENTS

## BARONY IS LOOKING FOR:



CAPTAIN  
OF ARCHERY



CHANCELLOR  
MINOR



## GOODBYE THUNDER



## Share your Passion Teach at Hrim Schola

March 9, 2019

Raynham, MA

Contact: Elaine Howys of Morningthorpe  
edennehy12@comcast.net

## IN PREPARATION FOR:

### Smoking Rocks Arts and Sciences Championship 2019

Awards are as follows:

1. Baronial Champion.  
(winner comes from inside the Barony)
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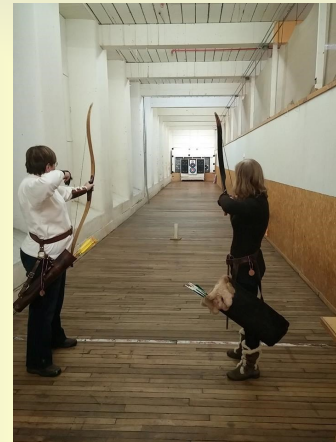
Rules: Bring 2 artifacts from your world (cooking, sewing, embroidery, music, etc.).

This is a dry site. No Brewing Entries allowed.

You may provide multiple pieces of documentation but each piece shall be limited to 1 page and verbal documentation will be accepted.



## Archery Practice at Trader Jan's in Fall River



**Don't forget to practice your royal  
rounds !**

**Every Friday evening**

**It's never too early to get ready for Pennsic**

# REGNUM

**Baron and Baroness:**

**Richard Leviathan & Alys Attewater**

(Fred Carpenter & Ann Carpenter)

Vargaliss@comcast.net & alys.ann@gmail.com

**Chancellor of the Exchequer:**

Baron Ceawlin Alreding

**Deputy Exchequer:**

Open position

**Chancellor Minor:**

Open Position

**Deputy Chancellor Minor:**

Lord Rufus Bowe (George Anzivino)

**Chatelain:**

Bethamie Von Rohr

chatelaine@smokingrocks.eastkingdom.org

**Deputy Chatelain:**

Baroness Molly Blythe (Mali Lim Howe)

**Chronicler:**

Lady Marguerite von Elfenau (Ruth Bechtold)

508-362-6131 / ruthbechtold@gmail.com

**Deputy Chronicler:**

Lady Naia (Anna Purcell)

**Knight Marshall:**

Baron Euric Germanicus

**Leviathan Pursuivant (Herald):**

Lady Amy ferch Rychard (Amy Jump)

amy.jump@hotmail.com

**Minister of Arts & Sciences:**

Lord William Spicer (David Tarrant)

**Deputy:** Lady Serafima Medevdnikova

artssciences@smokingrocks.eastkingdom.org

**Minister of the Lists:**

Lady Serafima Medevdnikova

artssciences@smokingrocks.eastkingdom.org

Baron Fergus Redmead (Michael Meyer)

fergusredmead@gmail.com

**Seneschal:**

Mistress Nest Verch Tangwistel (T.Sanders)

**Steward:**

Lord Gauthrum

**Webmaster:**

Lord Diego Porcelos (Mike Purcell)

Marguerite von Elfenau (Ruth Bechtold)  
Chronicler, Barony of Smoking Rocks  
169 Main Street, West Barnstable, MA 02668