

Kenning Points

Barony of Smoking Rocks | East Kingdom of the Society for Creative

GREETINGS TO NEW FRIENDS

Are you new to the SCA??
Smoking Rocks welcomes you!

The Barony encompasses Southern Massachusetts including the Cape and islands. If you just moved to the area, Welcome to the Barony!

Please reach out to our Chatelaine (welcoming officer) if you would like to join us at one of our gathering, events, or if you have questions.

STAY IN TOUCH

Please visit our website for more information and upcoming events.

SmokingRocks.Eastkingdom.Org

Join our Facebook Group:

Barony Of Smoking Rocks

There is also a Discord Group. Reach out and an invite can be sent to you

JOIN US

- Silver Wyvern Challenge- Oct 2024- Franklin Ma
- Watch the Facebook Group for Craft Days at the Baronial Manor

A LETTER FROM THE BARONIAL MANOR GREETINGS TO ONE AND ALL!

I hope this message finds you well. I wanted to take a moment to express my heartfelt gratitude to each and every one of you for your incredible contributions to making Ice Weasel 18 an unforgettable and resounding success.

To Master Padraig, Lady T, Mistress Caitlyn, Lady Saraïd O'Siodhachain, Muriel, and all those whose names have slipped



my mind, your tireless efforts in the Kitchen did not go unnoticed. Your dedication and hard work were instrumental in ensuring that everyone was well-fed and satisfied throughout the event.

Mistress Nest, your organization of the classes was nothing short of amazing. The diverse and engaging sessions you put together enriched the experience for all attendees. A special thank you to all the teachers for sharing your knowledge and skills with us.

Lady Toi, thank you for orchestrating the fun children's activities that brought joy to our younger participants. Mistress Elaine and Baron Cerdic, your management of troll ensured that everything ran smoothly behind the scenes

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PEARLS, ROSES, AND RIVALS

A WEEKEND OF EXCITEMENT IN THE BARONY OF THE BRIDGE

In the scenic land of the Barony of the Bridge, a grand event was held. The War of the Pearls III took place on a bright and sunny weekend in June. This year, Bridge populace members found themselves going to war against Concordia of the Snows. Gentles from across the lands were given a large shell as they entered the event, then wooed, bribed, and persuaded to trade their shells for pearls, showing their new allegiance. Throughout the weekend, the baronies tried their best to win the loyalty of attendees.



This was not the only reason for this gathering, as the event also hosted the Companions of the Roses Tourney. A few friends of the barony were bestowed the honor of fighting for some of the noble Roses that once reigned over the East. Lady Eleanor inghean Mhic Congaill was one of the artisans on Countess Fortune's team, named "The Chaos Countess" and led by Countess Fortune Sancte Keyne. Lord Guðporn inn Irski, known to many as Thorn, was one of the fighters on Duchess Aikaterine's team. Then there was me, Veritas! I was the novice artisan on Duchess Caoilfhionn's team. The hosting Rose was Duchess Katherine Stanhope.

Once all the points were totaled and much merriment was had, the following War Points were earned:

Heavy List & Rapier:

- First Place: Tie between Countess Elspeth's and Countess Fortune's teams
- Second Place: Duchess Avelina's Team
- Third Place: Countess Feilinn's Team

Archery:

- First Place: Countess Elspeth's Team
- Second Place: HRM Emerson's Team
- Third Place: Duchess Caoilfhionn's Team



Thrown Weapons:

- First Place: HRM Emerson's Team
- Second Place: Duchess Caoilfhionn's Team
- Third Place: Duchess Avelina's Team



Arts & Sciences:

- First Place: Countess Elspeth's Team
- Second Place: Duchess Katherine's Team
- Third Place: Triple tie between Duchess Caoilfhionn's, Duchess Avelina's, and Countess Fortune's teams

The War of the Pearls III was not just a display of martial prowess but a celebration of camaraderie, artistry, and the rich traditions of the Barony of the Bridge and the lands of the East. The event fostered new alliances and rekindled old friendships as gentles from across the kingdom came together in the spirit of friendly competition. Each team, led by noble Roses and their dedicated members, showcased their skills and dedication, contributing to a memorable and joyous gathering. As the sun set on the final day, the Barony of the Bridge stood proud, having once again hosted an event that honored the values and heritage of the East Kingdom. We look forward to future gatherings where we can continue to celebrate our shared passions and the bonds that unite us.

THE WOOD'S CALL

By Baroness Nest verch Tangwistel

A new movement has appeared in the lands. The East Kingdom's Forester's Guild is making inroads into the populace of our barony. Founded in A.S. XLVI, the guild grew slowly until a recent influx of people swelled its ranks throughout the kingdom. The first members from our barony discovered the guild just before the pandemic began, which unfortunately delayed our activities.

The guild is based on historic foresters whose jobs were dedicated to protecting the forests of the medieval period, both Royal and otherwise. Foresters are committed to pursuing period outdoor activities, including cooking, camping, and traveling across the countryside and waterways. The pursuit of outdoor living skills is an integral part of becoming a forester.

Learning how to build a fire and cook a meal are favorites and the subject of multiple teaching opportunities. A forester's kit with items needed for daily living among the vert and venison of the woods is something to strive for with the creation of green garb, packs, and camping equipment.

All are welcome to attend any of the Forester's meetings, camping, or hiking activities within the barony whether you join the guild or not. If you are interested in becoming a guildmember, you can fill out an application. After a ninety-day probationary period, you can take an oath to join the guild and start working your way through the rankings. Upon taking the oath, you are ranked as a Novice. You can then start fulfilling requirements such as fire starting, wearing green garb, or cooking over a fire, among others, to advance to the next level. There are also advanced challenges offered to test the skill and resolve of our hardest members.

Our barony currently has two Novices, two Under foresters, and two Foresters. Additionally, nine others have submitted applications but have not yet taken the oath. We have held classes on fire starting, cooking over the resultant fire, and sewing garb at Ice Weasel and other barony gatherings for the past couple of years. At the Vineland Raids event last year, the Smoking Rocks Forester Group hosted a Forester's camp where interested people could gather to enjoy the woods and practice the skills of the guild. We will be hosting

another Forester's camp at Silver Wyvern this October, with classes throughout the day to build skills leading to advancement in the guild. Please, come and join us by the fires.



The day of fighting in the cold was exhilarating, and I want to congratulate Siguardr Berserker on being the overall tourney winner and His Excellency Baron Eloï Abelard on claiming the title of our Lord Protector - Barional champion. The displays of honor and skill on the battlefield were truly inspiring.

The bardic competition was a highlight of the event, with Muriel's poem capturing our hearts and winning the competition. To all the participants, your performances were exceptional, making the judging a challenging task.

A heartfelt thank you to the foresters for their outdoor classes, adding a unique and enriching element to the event.

The incredible attendance and ambiance at Ice Weasel 18 were a testament to the collective effort and spirit of the community. Each of you played a vital role in making this event a success, and I am truly thankful for your dedication and support.

Once again, thank you all for your hard work, enthusiasm, and camaraderie. I look forward to our paths crossing again in the future.

Warm regards,

YRS

Baron Fergus Redmead and

Baroness Sabina Luttrell



Bruce R Bishop Jr
Photography



Bruce R Bishop Jr
Photography



Bruce R Bishop Jr
Photography





CHRONICLER'S CORNERS

Volva-Kaðlín knutr

Greeting Gentles,

We are in the height of event season, and I am sad that I cannot be at every one of them. I am sure there are others who feel the same. To help everyone stay connected and share in the experiences, we are looking for volunteers to write articles and share pictures from the events they attend.

If you are attending an event, we would love to hear about your experiences and see your photos. Your contributions will help keep everyone in the loop and create a richer, more vibrant community. Whether it's a brief summary, a detailed article, or a collection of photos, every bit helps.

Please consider taking a few moments to document your adventures and send them our way. Together, we can ensure that no one misses out on the excitement of event season.

Y.I.S

VOLVA-KATLIN KNUTR

Chronicler- KadlinKnutr@Gmail.com

Seneschal- MaliChan9@Gmail.com

BARONY EVENTS

Thrown Weapons Championships

Details to come

Silver Wyvern Challenge

October 18-20, 2024

More details to come.

UPCOMING KINGDOM EVENTS

Go to EastKingdom.Org for more details!

- ❖ Sept 7th - [Falling Leaves and Carolingia](#)
[Baronial Thrown Championship 2024](#) -
Westford, MA
- ❖ Sept 13th - 15th - [Harper's Retreat](#) - Richmond,
NH 🏰👑
- ❖ Sept 14th - [John Barleycorn Day of](#)
[Champions](#) - Carmel, NY
- ❖ Sept 20th - 22nd - [Closing of the](#)
[Inne: Rome and Her Enemies](#) - Peru, NY
- ❖ Sept 28th - [Brennan & Caoilfhionn's Ducal](#)
[Challenges](#) - Budd Lake, NJ 🏰
- ❖ Sept 28th - [Harvest Moon](#) - Hebron, ME
- ❖ Sept 29th - [Bhakail Champions and](#)
[Commons 2024](#) - Newtown Square, PA

In 1306, Robert sat on his bed watching a spider spinning her web. She tried so hard to spin and spin. She tried, she failed, and she failed again. Then she tried one more time and finally succeeded, and that was a lesson that Robert heeded. So, if you feel like a spider trying to spin, remember: if at first you don't succeed, try, try, try again. With that knowledge, Robert the Bruce tried again and went on to defeat the English at the Battle of Bannockburn in 1314, despite the Scottish army being outnumbered around 7,000 to 13,000. Today, Robert the Bruce is a national hero in Scotland.



Make a tenacious spider and her web. Cut the center out of a circle of construction paper or a paper plate and decorate it. Make randomly placed holes using a hole punch. Take some string or yarn and thread it through the holes to make your very own web. You can make your own spider using anything from paint and paper to pompoms, pipe cleaners, and googly eyes.

Robert the Bruce's determination, inspired by the perseverance of a simple spider, teaches us the invaluable lesson of resilience and the power of never giving up. His triumph at the Battle of Bannockburn, despite overwhelming odds, remains a testament to this enduring spirit. By creating your own tenacious spider and web craft, you can celebrate this story of persistence. Let this activity remind you that, like Robert the Bruce and his inspiring spider, success often comes through repeated efforts and unwavering determination. Whether through crafting or in life's challenges, remember: if at first you don't succeed, try, try, try again.



THE TAVERN AT ICE WEASEL

By: Master Padraig MacEanruig

Some events have a Day Board. (Food being put out at various times during the day.) Others have a Sideboard. (More finger food than anything else being put out at times during the day.)

Then others will have a Feast, of various removes, served in the late afternoon or evening. Some have a combination of two as well. And over the years I have been involved in the prep, making, and serving of all of them. Now these can get very expensive to do, with even sideboards with small meats and cheeses can cut into a budget deeply! What to do? What to do?

This got me to pondering how to:

- A) Put out and serve good warm food (it's a winter event) at timely intervals.
- B) Keep the price down so that more folks can afford the entire event experience) and keep the quality up!

With this in mind, I turned back to some recent past research on Spanish feasts, but with a different eye. I began going back and looking over website and treatise about Medieval Spanish foods with an eye toward simple fare. The foods served in inns to travelers, peasant foods made with the simplest and cheapest readily available ingredients BUT with interesting tastes and flavors! As I went along, I began to find them slowly over time one by one. Then trying them by slipping them into different feasts or day boards over the years to see how the modern palate accepted them. Much to our surprise almost all were met with raving results. So, it was from this beginning I decided to try to put together a two serving inn, of four items each sitting, for an event with nothing but simple peasant foods that would be available for that time of the year.

Thus, the old tavern run by our long missed friend, freeholder, and Cooking Laurel Joram Goldspoon's the "Hoof and Mouth Tavern" was reborn for Ice Weasel 16. I proposed at that event to recreate simple hot dishes using winter available food and keep in under 5.00 per person! Now there were many at the meeting who doubted that it could be done, but I took up this self-imposed challenge with gusto and ran with it.

The first task was to sit and think what would be cheaply available in northern Spain to the average innkeeper? I made a short list:

Kale and cabbage grow near year-round. Onion, carrots and garlic, root veggies! Smoked ham and dry sausage, cheap meat. Chickpea, peas, Broad bean, and rice can be dried and long lasting. Crusty Bread, eggs. Hard wheat, olive oil, wine vinegar and cheap red table wines, c'mon this is Spain! Dried spices, honey, butter, cheese. Weedlike plants that grow in pots. Spinach, parsley, celery. There you have it, cheap easy ingredients.

Now to the recipes. Most of the time we tend to think of inns like in "Game of Thrones" (I'll have two chickens!) But that's not how the recipes work. A chicken that is deboned goes further than one sold in quarters. You use all the chicken (including organs) and then boil the bones to create stock for other recipes. So, with a plan to feed 50-60 folks we used only 4 deboned and shredded chickens and the leftover chicken stock was used in the pea soup, cosido and a bit in the honey mustard chicken. While figuring a ¼ chicken per person even at 50 would have taken 15 chickens!! No smart Innkeeper is going to have 15 chicken to kill at one time!

So now you see the thinking. Make it good. Make it easy. Make it go far. The more expensive the ingredients the less that will be used. So, chunks of cheese go into pies not piled on plates. Honey drizzles into the chicken. Boiled eggs are chopped into pea soup etc.

Now let's look at what goes into the recipes. Complex? No. They are simple and frugal. An example of one is the onion and cheese tarts (always a big favorite!) 8 pies fed everyone this year (60+ folks) with a pie and half left over (I enjoyed it thank you!) Take the shell and place a handful of sliced onions in and then cover it in shredded cheese. Spice, and garlic are added and then a roux (melted butter mixed with flour) is poured over. Once the roux stiffens, you bake. That is, it! So, this way 8 pies uses 5lbs of onions, 2lb of cheese 3lbs of butter and a cup of flour! Yet it is such a savory dish folks will (and do!) swear there is meat in it!

Another favorite, the cocido takes smoked dry ham and hard sausage and slowly cooks it in olive oil, garlic, wine vinegar and wine to create tender savory smoky mix of meat and sauce to pour over rice. So even then old burned or dried meat was not wasted. This year we increased the budget to add hand pies. That's right for two sittings of food we had \$7 per adult! Luxury! (BTW we returned about \$40.00 back unused.) They were a huge hit both the meat and the fruit!

The hand pies used one small slow roasted pork shoulder for 50 pies (we will have double next year!!) and about 5lbs total of cooked pears and apples with cinnamon for 50 of the fruit hand pies! One of the good things I noted as we went along is that many of the dishes are vegan, vegetarian or Lenten! So, we were not making different dishes, there was something there for almost everyone! And nearly every dish is a one pot slow cooked pottage that is easy to watch and serve. Which makes it easy for the Kitchen help and clean up as well!

Well that's just a quick review of the thinking, prep, and idea behind the Inn at Ice Weasel. I hope you enjoyed this quick read.

Please let the Kitchener's Guild know which dishes you liked! Remember we are always looking for new Cooks!! Come join us!

THE BARONY NEEDS THEE

If thou have questions or intreats in offering your service, please contact Baroness Molly Blythe at seneschal@SmokingRocks.EastKingdom.org

There are vacancies for the following offices:

Baroness Nejla has informed Their Excellencies that she will be stepping down from her position as Minister of the Lists. We are grateful for her dedicated service and the pride and joy she brought to the role.

Their Excellencies invite interested gentles to apply for this position. The role involves working with marshals and autocrats, assisting with the management of various Armored Combat and Period Fencing tournaments at local events and practices, and learning how to run different types of tournaments. Additionally, the Minister of the Lists will assist marshals with authorization paperwork and submit reports to the Kingdom Minister of the Lists as needed.

Baroness Nejla and Baroness Sabina will be available to support and answer any questions you may have. If you are interested in this opportunity, please contact Baroness Molly Blythe at seneschal@SmokingRocks.EastKingdom.org.

❖ Chatelaine

In this office you would help guide newcomers from first garb to first event. You would also answer their questions or point them in the direction to a gentle that could.

❖ Deputy Seneschal

This position would assist Baroness Molly Blythe in Seneschal duties including baronial business.

❖ Deputy Chronicler

This would be assisting the chronicler with editing the newsletter and writing articles as needed.



PRACTICE SCHEDULES

HEAVY FIGHTER PRACTICE

P.A.L Hall - 31 Franklin St, Fall River, Ma

Practices are moving to a new night and adding a day!!!

Starting Sept 11th, PAL practices will be Wednesday Nights at 730pm and Sundays at 2pm

\$5/Fighter. New fighter's first visit is free! Loaner gear can be provided with advanced notice.

Join the Facebook Group for updates! PAL SCA Practice

ARCHERY PRACTICE

Occasional practices will be held at a barony member's home. Updates will be posted to the barony's Facebook group when the arrows can fly

DANCE PRACTICE

When there is interest the dancing shoes can be brought out

MUSIC PRACTICE

Songs will be heard upon more interest

FENCING PRACTICE

Foils will be drawn upon more interest

If you should have an interest that does not have a practice and have questions, don't be afraid to ask on Facebook, Discord, or to one of the Barony Officers. We are all here to help.

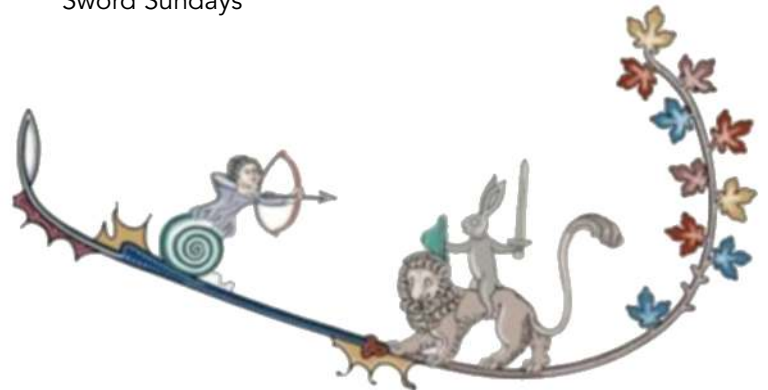
MELEE PRACTICE

P.A.L Hall (any changes in location will be announced on the Facebook Group)

Doors open at 9am to armor up and practice starts at 10am

- October 12- PAL Hall
- November 9- possibly Springfield
- December 14- possibly Springfield
- January 11- PAL Hall
- February 8- possibly Springfield
- March 8- PAL Hall
- April 12- TBD

Join the PAL SCA Practice Facebook Group for updates on Melee Practices and the return of Two Sword Sundays





NOTE ON BUSINESS

This is a redacted copy of the Oct 2023 meeting minutes. For the full version of the minutes, please email

seneschal@smokingrocks.eastkingdom.org.

OFFICER REPORTS

- ❖ Treasurer Report - Thank you to Elaine for her service as Exchequer and to Gwenllian for stepping up; handover is complete with EK
- ❖ Knight Marshall - Fight practices will be on Wednesdays & Sundays starting next week.
- ❖ Chronicler - Newsletter ready to go out tonight.
- ❖ Webminister - Updates on website have been happening.
- ❖ Herald - Ceawlin submitted Q2 report to EK
- ❖ Chancellor Minor - absent
- ❖ A&S Officer - absent
- ❖ Steward - Please let Thorn know what needs to be delivered to Silver Wyvern
- ❖ Chatelaine - Sent info on Silver Wyvern to 6 newcomers interested in SCA



OLD BUSINESS

Silver Wyvern (Oct 16 - 18)

- ❖ Gwenllian is handling PayPal for the event; deadline to register is 9/18/24.
- ❖ Elaine in charge of gate/PayPal & bunk house reservations
- ❖ Elaine will also run A&S in Nest's place
- ❖ Molly working on ServSafe certification.
- ❖ Vargus serving breakfast 7:30 /8:30; Molly will begin lunch service around 11:30; Tatiana & Caitlin will be handling dinner. Need to have gluten free options.
- ❖ Welcoming any other volunteers
- ❖ Pat will talk to Camp Admin to set up another walk through on an upcoming Sunday

NEW BUSINESS

Living History Timeline Demo in Rehoboth on Sept 6 - 8.

- ❖ Please check barony email list and print out the site waivers if attending.
- ❖ Padraig, Yon, Saraid, Gavin, Ceawlin & Molly setting up on Friday night
- ❖ Saturday attendees: Padraig, Yon, Saraid, Elaina, Bruka, Ceawlin & Molly, Jozef, Gwenllian & Genevieve
- ❖ Saraid will handle food & water for fighters.
- ❖ Molly to confirm whether or not open fire will be allowed

REGNUM

Baron and Baroness

Fergus Redmead and Sabina Luttrell (Mike Meyer and Linda Meyer)
baron@smokingrocks.eastkingdom.org
baroness@smokingrocks.eastkingdom.org

Chancellor of the Exchequer

Lady Gwenlliana Vachan (Beth Sanford)
exchequer@smokingrocks.eastkingdom.org

Chancellor Minor

Lady Toi Poisson de Mortagne (Toi Fiore)
 Email pending

Chatelaine

Position available

Chronicler

Lady Vqlva-Kaðlín knutr (Kate Thorn)
chronicler@smokingrocks.eastkingdom.org

Knight Marshal

Master Padraig MacEanruig (Pat Harrington)
knightmarshal@smokingrocks.eastkingdom.org

Marshal of Thrown Weapons

Baron Fergus Redmead (Mike Meyer)
baron@smokingrocks.eastkingdom.org

Captain of Archers

Position available

Leviathan Pursuivant (Herald)

Lady Amy verch Rychard (Ämy Jump)
herald@smokingrocks.eastkingdom.org

Minister of Arts & Sciences

Mistress Nest verch Tangwistel (Tanya Sanders)
artsscience@smokingrocks.eastkingdom.org

Mistress of the Lists

Baroness Nejla Hattice Saime Dogan (Amelia Dogan)
mol@smokingrocks.eastkingdom.org

Seneschal

Baroness Molly Blythe (Mali Lim Howe)
seneschal@smokingrocks.eastkingdom.org

Steward

Lord Gudporn inn Irski (Patrick Thorn)
Gudthorn@gmail.com

Webminister

Lady Vqlva-Kaðlín knutr (Kate Thorn)
webminister@smokingrocks.eastkingdom.org



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